

SCRIPPS RANCH HIGH SCHOOL

Instructions for completing the 2011-2012 ATHLETIC PARTICIPATION FORM

www.srhfalcons.org

All student-athletes must have a completed Athletic Participation Form and Medical Emergency Card on file with the school and be cleared by the school prior to tryout and participation in the Scripps Ranch High School athletic program. A new Athletic Participation Form, including a physical exam by a physician or nurse practitioner, must be completed for each school year.

Please complete all fields on the form including signatures or initials on every page. All information required on the Athletic Participation Form is needed to insure your son/daughter is residentially, scholastically and physically eligible to participate in the athletic program. It is also important you and your son/daughter understand the CIF, district and school policies and procedures governing the athletic program.

The Athletic Participation Form stays on file in the school office. The Medical Emergency Card stays with the coach at all practices and games. The information on the Medical Emergency Card includes your son/daughter's emergency contact information, medical insurance information and your permission to a duly authorized representative of the San Diego Unified School District to act as guardian/spokesman in granting permission for emergency medical treatment/hospitalization (including anesthesia) if necessary for your student while in route to or from or at the site of school activities (we will always attempt to contact you immediately in the event of an emergency).

California Ed Code requires student-athletes to have at least \$1,500 medical/hospital expense insurance to participate. Please make sure the insurance section on page 3 is complete including the policy number or medical record number for your son/daughter. Insurance information also needs to be completed on the back of the Emergency Card.

Under state law, school districts are required to ensure that all members of school athletic teams have accidental injury insurance that covers medical and hospital expenses. The insurance requirement can be met by the school district offering insurance or other health benefits that cover medical and hospital expenses (Education Code sections 32221.5).

Some pupils may qualify to enroll in no-cost or low-cost local, state or federally sponsored health insurance programs. Information about these programs may be obtained by calling:

1. The Healthy Families Program: 1-800-880-5305; www.healthyfamilies.ca.gov
2. MediCal: 1-800-541-5555
3. San Diego Kids Health Assurance Network (SD-KHAN): 1-900-675-2229; www.sdcounty.ca.gov
3851 Rosecrans St. Suite 522 San Diego, CA 92110-3115
4. Child Health and Disability Prevention Program: 1-800-675-2229 for Homeless or Foster Youth free medical and dental check ups.

We must establish the residential eligibility for our student-athletes. Carefully read the statements on page 3 and check all the boxes that apply.

San Diego Unified School District has policies and procedures for participation in the interscholastic athletic program. Read these policies on pages 4, 5 and 6, initial page 4 and 5; sign page 6.

The California Interscholastic Federation, San Diego Section, has policies for all participants (players, coaches, officials and parents) regarding conduct for athletic programs. Read the CIF requirements on pages 7, 8 and 9. Each of these pages requires either an initial or signature. (www.cifsd.org)

Page 10 has student-athlete emergency contact information as well as a brief medical history for your child. This information needs to be duplicated on the Emergency Card. Our athletic trainer and paramedics responding to an injury or emergency will need the medical information to be accurate.

NEW FOR 2011-12 - PHYSICAL EXAM FORMS HAVE CHANGED: A physical exam by a licensed physician or nurse practitioner is required each school year. Exams after May 1st of the preceding year are good for the entire school year. Complete the Medical History Form, and Athlete with Special Needs Form prior to your doctor visit. Your physician should complete the Physical Examination Form, the Clearance Form and the page with Additional Information, including the date for the Tdap booster. **RETURN THE "CLEARANCE FORM" AND "ADDITIONAL INFORMATION" FORM WITH YOUR ATHLETIC PARTICIPATION FORM.**

We recommend you make a photocopy of your form before you submit it to the school.

If your student-athlete has not been continuously enrolled at SRHS since initially entering ninth grade, complete the Athletic Eligibility Verification Form, available on the school website, and submit it with your Athletic Participation Form.

If you have questions about completing the Athletic Participation Form, athletic eligibility or transfer athletic eligibility, contact Dennis Morrow, Athletic Director, at 858 621-9020 x1116 or Roger Engle at 858 621-9020 x1109